

Park End Primary School

Physical Education

End Point Assessments

End Point Assessments for PE that pupils are expected to secure across the primary phase.

Subject	PE
Coverage	Nursery to Year 6
Key aims	This document signifies the key learning children will be assessed against and need to progress.



PE End Points Overview

The end point assessments are organised by year group and by term. They support curriculum sequencing, teacher planning, assessment and subject leadership review.

EYFS PE End Point Assessments

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1
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Nursery	Introduction to PE 1: I can move safely and sensibly in a space, considering others. . I can work with others co-operatively and play as a group. I can follow, copy and lead a partner.	Fundamental skills 1: I have developed running and stopping. I have developed jumping and landing and hopping and landing with some control.	Gymnastic 1: I can copy and make shapes with my body. I have developed balancing and taking weight on different body parts. I have developed jumping and landing safely, rocking and rolling.	Dance 1: I am exploring different body parts and how they move and remember and repeat actions. I can copy and repeat actions showing confidence and imagination.	Ball skills 1: I am developing rolling a ball to a target improving accuracy when throwing ball to target. I am developing bouncing and catching a ball. I am developing kicking and dribbling a ball with my feet.	Games 1: I can work safely, cooperatively and learn to take turns. I can work with others to play team games.
Reception	Introduction to PE 2: I can follow instructions and stop safely. I can follow instructions and play safely as a group. I can work co-operatively with a partner.	Fundamental skills 2: I can run, stop and changing direction. I am confident when jumping and hopping.	Gymnastic 2: I can create sequences using shapes, balances and travelling actions. I have developed jumping and landing safely from a height and rocking and rolling.	Dance 2: I can copy, repeat and explore actions in response to a theme. I can remember and repeat actions moving in time with the music. I can explore actions in response to a theme and begin to use counts.	Ball skills 2: I am developing rolling and tracking a ball. I am developing throwing accurately at a target. I am developing dribbling a ball with hands and feet. I am developing kicking a ball to a target.	Games 2: I can follow instructions and move safely when play tagging games. I am developing my ability to work cooperatively in a team and play by the rules.

Year 1 PE End Point Assessments

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1
Dance:	Gymnastics:	Ball skills:	Sending and receiving:	Athletics:	Target games:

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I can use different parts of the body in isolation and together. I am beginning to understand how counts of 8 help move to the music. I can copy, repeat, create and perform actions that represent the theme.	I have developed quality when performing and linking shapes. I have developed stability and control when performing balances.	I am beginning to accurately dribble a ball with my hands and feet. I am beginning to catch a ball with two hands.	I can roll a ball towards a target. I can throw a ball towards a target. I am beginning to send and receive a ball with my feet. I can catch a ball with some success. .	I know how to move at different speeds over varying distances. I can explain how to hop, jump and leap for distance. I know how to throw for distance. I have developed the skill of throwing for accuracy (throw towards a target).	To develop underarm throwing. To develop overarm throwing. To develop throwing for accuracy at a target.
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Year 2 PE End Point Assessments

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1
Dance: I know how to use counts of 8 to help stay in time with the music. I can copy, remember and repeat actions using facial expressions to show different characters.	Gymnastics: I know how to use shapes to create balances. I have developed the skills of rolling and sequence building.	Net and wall games: I can defend space on my court using the ready position. I can hit a ball into a court using a racket.	Striking and fielding games: I have developed my underarm and overarm throwing skills. I can hit a ball using equipment with some consistency.	Athletics: I can show balance and coordination when running for speed. I know how to jump for distance and height. I can use overarm throw to help me throw for distance	Invasion games: I can move with a ball towards goal. I can dodge and find space away from the other team. I can sometimes dribble a ball using hands and feet.

Year 3 PE End Point Assessments

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1
Fitness: I can demonstrate skills in different areas of fitness and understand how these can help me in physical activity: <i>coordination, strength, speed, agility, stamina</i>. I can persevere when I find a challenge hard.	Dance: I can move in unison with others. I can repeat, remember and perform a dance phrase. I can use counts to keep in time with a partner or group.	Gymnastics: I can perform point and patch balances with a level on control. I can perform a straight, star and tuck shape from a jump. I have developed my ability to execute a straight, barrel and forward roll.	Ball skills: I can catch different sized objects with increased consistency and accuracy with two hands. I can dribble a ball with control. I can use different throwing techniques. I can throw with accuracy and increasing consistency to a target. I can track the path of a ball not directly sent to me. Swimming: I can enter and exit the water with confidence. I can move effectively and efficiently through the water using alternating and simultaneous strokes on front and back. I can demonstrate some knowledge of safe self-rescue in water-based situations.	Athletics: I have developed jumping for distance. I can take part in a relay, knowing when to run and what to do. I can throw a variety of objects and understand how to change my action for accuracy and distance.	Invasion Skills: (Football) . I can dribble, pass, retrieve and shot the ball with some control. I understand my role as an attacker. I understand my role as a defender.

Year 4 PE End Point Assessments

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1
Dance: I can copy and remember set choreography. I can use counts to keep in time with music and others. I can use simple movement patterns to structure dance phrases on my own, with a partner and in groups.	Gymnastics: I can safely perform balances individually or with a partner. I have developed my ability to execute a straight, barrel forward and straddle roll. I have developed ability to perform inverted moves using strength and flexibility.	Net and wall skills: (Tennis) I have developed returning a ball using the forehand and backhand movement. I can sometimes play a continuous game.	Ball skills: I can catch different sized objects consistently using one and two hands. I can accurately use a range of throwing techniques to throw to a target. I can dribble a ball with increasing control and coordination. I can consistently track the path of a ball that is not sent directly to me. Swimming: I can move effectively and efficiently through the water using alternating and simultaneous strokes on front and back, using front crawl and back crawl. I am confident with knowledge of safe self-rescue in water-based situations.	Athletics: I can demonstrate the difference with sprinting and jogging techniques. I can jump for distance demonstrating power and control. I can throw with some accuracy and power to a targeted area.	Invasion Skills: (Football) I can pass, dribble, receive and shoot the ball with increasing control. I understand the role of an attacker and the skills needed to perform this role. I can delay an opponent and help to prevent the other team from scoring.

Year 5 PE End Point Assessments

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1
Dance: I can copy and repeat set choreography. I can choreograph phrases individually and with others considering actions and dynamics. I can use counts when choreographing to stay in time with the music and others. Swimming: I can move effectively through the water using alternating and simultaneous strokes on front and back, such as front crawl, back crawl and breast stroke. I can swim using an effective technique in at least for 10m. I can complete introduction to water safety. I can move effectively in deep water.	Gymnastics: I can perform some symmetrical and asymmetrical balances. I have developed my ability to execute a straight, forward, straddle and backward roll. I can create and perform sequences individually and with a partner.	Invasion Skills: (Basketball) I can dribble, pass, receive and shot the ball with some control. I can communicate with my team and move into space to keep possession and score. I can use tracking and intercepting when playing in defence.	Outdoor Adventure Activities: (OAA) I can navigate around a course using a map. I can work effectively with a partner and small groups, sharing ideas and agreeing on strategies.	Athletics: I can choose the best pace for a running event. I can accurately perform a change-over during a relay race. I can perform a range of jumps showing some techniques.	Striking and Fielding: (Rounders) I am beginning to strike a ball with a rounders bat. I can perform an underarm throw. I am developing a wide range of fielding skills.

Year 6 PE End Point Assessments

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1
Invasion Skills: (T1 Rugby) I can pass and receive the ball with increasing control. I can select the appropriate action for the situation.	Dance: I can copy and repeat a dance phrase showing confidence in movements. I can perform dances with accuracy and good timing.	Gymnastics: I have developed the staddle, forward and backward roll. I can perform a straight and star jump from height. I can combine and perform gymnastics actions, shapes and balances with control and fluency.	Invasion skills: (Netball) I can pass, receive and shoot the ball with increasing control. I can select the appropriate attacking action for the situation. I can select the appropriate defending action for the situation.	Athletics: I can perform jumps for distance using correct technique. I can select and apply the best pace for a running event. I can show accuracy and good technique when throwing for distance. .	Striking and Fielding: (Cricket) I can strike a bowled ball with increasing consistency and accuracy. I have developed throwing and catch under pressure. I have developed techniques for overarm bowling. Swimming: I can swim competently, confidently and proficiently over a distance of at least 25 metres. I can use a range of strokes effectively. I can perform safe self-rescue in different water-based situations. I can explain the dangers of water and how to act responsibly when playing in or near different water environments. I can show development of survival and self-rescue skills: treading water, floating and resting in the water, attracting attention, and buoyancy aids.